

# Ready, Set, Go





■ www.freshwaterbayps.wa.edu.au | More freshwaterbay.ps@education.wa.edu.au



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# NOTES





"Congratulations!
Today is your day.
You're off to Great Places!
You're off and away!"
- Dr. Seuss,
Oh, the Places You'll Go!

# WELCOME

## OUR UNIFORM

#### **BOYS' UNIFORM**

#### All Year:

- School Hat
- Navy Shorts
- · White Polo Shirt
- House Polo Shirt
- Teal Polo Kindergarten and Pre-primary (optional item)

#### Winter:

- Navy track pant
- · Polar fleece zip front jacket

#### Shoes

- · Choice of closed toe shoes, sport shoes or sandal.
- Please consider shoes your child can put on without adult assistance.

#### **GIRLS' UNIFORM**

#### All Year:

- School Hat
- Tartan Dress (Kindergarten to Year 3)
- Navy Skorts/Shorts
- · White Polo Shirt
- House Polo Shirt
- Teal Polo Kindergarten and Pre-primary (optional item)

#### Winter:

- · Navy track pants
- · Polar fleece zip front jacket
- Navy leggings

#### Shoes

- Choice of closed in shoes, sport shoes or sandal in black, navy blue or white
- Please consider shoes your child can put on without adult assistance.

#### All uniform items can be purchased from Tara Uniforms

Store opening hours: Monday to Friday 8am to 4pm 1 Hasler Road, Osborne Park | Phone: 6148 5000

Alternately you can order online

www.tarauniforms.com.au



### **Office Hours**

8.00 am to 4.00 pm

Monday to Friday during Term

#### **TELEPHONE:**

6458 7000

#### **EMAIL:**

freshwaterbay.ps@education.wa.edu.au

#### **WEBSITE:**

www.freshwaterbayps.wa.edu.au

#### **SCHOOL APP:**

**Compass Education** 

#### FACEBOOK:

Freshwater Bay Primary School

#### Welcome to Freshwater Bay Primary School.

At Freshwater Bay Primary School students are inspired to achieve success and become resilient learners with a culture of respect, compassion and industry.

We place a high degree of importance on the early experiences a child and a family has in our school. Careful and thorough planning based on empirical research and proven best practice ensures that all children have a successful start.

Our long term goal for your child is to develop the wisdom, respect and courage to be successful members of our community.

**Asher Dragun** Principal

# SCHOOL DAYS

All Kindergarten students will attend a 5 day fortnight, either beginning of week or end of week.

TERM 1 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Jan 29	Jan 30	Jan 31	Feb 01	Feb 02
	SDD TBC	SDD TBC	Lime	Lemon	Lemon
2	Feb 05	Feb 06	Feb 07	Feb 08	Feb 09
	Lime	Lime	Lemon	Lemon	Lemon
3	Feb 12	Feb 13	Feb 14	Feb 15	Feb 16
3	Lime	Lime	Lime	Lemon	Lemon
4	Feb 19	Feb 20	Feb 21	Feb 22	Feb 23
4	Lime	Lime	Lemon	Lemon	Lemon
5	Feb 26	Feb 27	Feb 28	Feb 29	Mar 01
3	Lime	Lime	Lime	Lemon	Lemon
6	Mar 04	Mar 05	Mar 06	Mar 07	Mar 08
O	Labour Day	Lime	Lemon	Lemon	Lemon
7	Mar 11	Mar 12	Mar 13	Mar 14	Mar 15
,	Lime	Lime	Lime	Lemon	Lemon
8	Mar 18	Mar 19	Mar 20	Mar 21	Mar 22
ō	Lime	Lime	Lemon	Lemon	Lemon
9	Mar 25	Mar 26	Mar 27	Mar 28	Mar 29
9	Lime	Lime	Lime	Lemon	Good Friday

TERM 2 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Apr 15	Apr 16	Apr 17	Apr 18	Apr 19
- 1	Lime	Lime	Lime	Lemon	Lemon
2	Apr 22	Apr 23	Apr 24	Apr 25	Apr 26
2	Lime	Lime	Lemon	ANZAC Day	Lemon
3	Apr 29	Apr 30	May 01	May 02	May 03
3	Lime	Lime	Lime	Lemon	Lemon
4	May 06	May 07	May 08	May 09	May 10
4	Lime	Lime	Lemon	Lemon	Lemon
5	May 13	May 14	May 15	May 16	May 17
3	Lime	Lime	Lime	Lemon	Lemon
6	May 20	May 21	May 22	May 23	May 24
0	Lime	Lime	Lemon	Lemon	Lemon
7	May 27	May 28	May 29	May 30	May 31
,	Lime	Lime	Lime	Lemon	Lemon
8	Jun 03	Jun 04	Jun 05	Jun 06	Jun 07
0	WA Day	Lime	Lemon	Lemon	Lemon
9	Jun 10	Jun 11	Jun 12	Jun 13	Jun 14
9	Lime	Lime	Lime	Lemon	Lemon
10	Jun 17	Jun 18	Jun 19	Jun 20	Jun 21
10	Lime	Lime	Lemon	Lemon	Lemon
11	Jun 24	Jun 25		Jun 27	Jun 28
11	Lime	Lime		Lemon	Lemon

TERM 3 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Jul 15	Jul 16	Jul 17	Jul 18	Jul 19
-	Lime	Lime	Lime	Lemon	Lemon
2	Jul 22	Jul 23	Jul 24	Jul 25	Jul 26
2	Lime	Lime	Lemon	Lemon	Lemon
3	Jul 29	Jul 30	Jul 31	Aug 01	Aug 02
3	Lime	Lime	Lime	Lemon	Lemon
4	Aug 05	Aug 06	Aug 07	Aug 08	Aug 09
4	Lime	Lime	Lemon	Lemon	Lemon
5	Aug 12	Aug 13	Aug 14	Aug 15	Aug 16
3	Lime	Lime	Lime	Lemon	Lemon
6	Aug 19	Aug 20	Aug 21	Aug 22	Aug 23
О	SDD TBC	Lime	Lemon	Lemon	Lemon
7	Aug 26	Aug 27	Aug 28	Aug 29	Aug 30
,	Lime	Lime	Lime	Lemon	Lemon
8	Sep 02	Sep 03	Sep 04	Sep 05	Sep 06
ŏ	Lime	Lime	Lemon	Lemon	Lemon
9	Sep 09	Sep 10	Sep 11	Sep 12	Sep 13
כ	Lime	Lime	Lime	Lemon	Lemon
10	Sep 16	Sep 17	Sep 18	Sep 19	Sep 20
10	Lime	Lime	Lemon	Lemon	Lemon

TERM 4 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
- 1	Oct 07	Oct 08	Oct 09	Oct 10	Oct 11
1	SDD TBC	Lime	Lime	Lemon	Lemon
2	Oct 14	Oct 15	Oct 16	Oct 17	Oct 18
	Lime	Lime	Lemon	Lemon	Lemon
3	Oct 21	Oct 22	Oct 23	Oct 24	Oct 25
3	Lime	Lime	Lime	Lemon	Lemon
4	Oct 28	Oct 29	Oct 30	Oct 31	Nov 01
4	Lime	Lime	Lemon	Lemon	Lemon
5	Nov 04	Nov 05	Nov 06	Nov 07	Nov 08
2	Lime	Lime	Lime	Lemon	Lemon
6	Nov 11	Nov 12	Nov 13	Nov 14	Nov 15
0	Lime	Lime	Lemon	Lemon	Lemon
7	Nov 18	Nov 19	Nov 20	Nov 21	Nov 22
<i>'</i>	Lime	Lime	Lime	Lemon	Lemon
	Nov 25	Nov 26	Nov 27	Nov 28	Nov 29
8	Lime	Lime	Lemon	Lemon	Lemon
_	Dec 02	Dec 03	Dec 04	Dec 05	Dec 06
9	Lime	Lime	Lime	Lemon	Lemon
10	Dec 09	Dec 10	Dec 11	Dec 12	Dec 13
10	Lime	Lime	Lemon	Lemon	SDD TBC

### Pre-primary to Year 6

Gates open	8.30am
Class begins	8.45am

Morning Recess 10.30am to 11.00am

Lunch 1.00pm to 1.45pm

End of day 3.00pm

**School Hours** 

Kindergarten

Doors open 8.30am

Class begins 8.45am

Morning Recess 10.45am to 11.05am

Lunch 1.05pm to 1.45pm

End of day 3.00pm

#### Writing

Interest is the key - the more curious children become about the written word, the better chance that they will want to learn to write.

- Take every opportunity for your child to walk, run, climb, kick, catch, jump, ride, etc. to develop not only the gross motor skills, but also hand-eye coordination.
- Display writing in the home reminders, cards and noticeboards.
- Model uses for writing shopping list, letter, phone message.
- Provide your child with opportunities to draw, trace, cut, colour in, do jigsaw puzzles, finger plays, paste, tear paper, use nuts and bolts, fingerpaint, use play dough, hammer, etc. to strengthen fine motor skills.



#### **Mathematics**

Mathematics is part of children's everyday life from a very early age. Activities such as playing with blocks, shopping, setting the table and counting cups allows meaningful learning experiences to support your child's development in understanding numeracy skills.

- Give every opportunity to use concrete objects when learning to count blocks, stones, matchsticks, buttons (have a box of objects), counting forks to set table, buttons on a shirt. Have the child touch each object as they count.
- Help with cooking to learn concepts large/small, full/empty, big/little, heavy/light etc.
- Help unpack shopping on top of, below, big, low etc.
- Sorting rough/smooth, hard/soft, round/striped.
- Solve simple problems Birthday Party how many friends, balloons? Visitors how many glasses?
- Play board, dice and card games.
- Recognise that early mathematics is not only numbers for example putting lids on pots develops ideas of size.
- Help outdoors narrow/wide, short/long, longer than, many, more, twice, underneath, high, low, etc.
- · Building taller than or wider than.
- Time time of the day, tea will be ready in one hour, TV program at 5pm, birthday on Saturday, how many days until the holidays?
- Encourage participation in hobbies that require 'hands on' experiences for example model kits.

#### In Summary

Children from homes that are rich in language, where people enjoy talking and listening to each other, where anecdotes are told and stories are read, have been wonderfully prepared for school, particularly for reading and writing.

Children who have been encouraged to ask questions, make sense of their surroundings, play imaginatively and express themselves creatively, move with confidence into school.

Children who have been encouraged to face challenges, who have been praised for appropriate behaviour and who have experienced general approval and success, come to school with expectations that everything will be fine and it usually is! We look forward to sharing your child selearning journey at Freshwater Bay Primary School.

For term dates visit https://www.education.wa.edu.au/future-terms-dates



# PREPARING YOUR CHILD

A child's ability to read or write depends very largely on the extent of the quality of language experiences they enjoy at home.

#### Language

Listening develops and leads directly to speech and is of prime importance throughout schooling.

- Engage your child in conversation.
- See that your child answers in sentences.
- Speak clearly and carefully so that your child hears correct pronunciation of words.
- Allow your child to answer the phone to assist discrimination of voices and to listen carefully.
- Play sound guessing games e.g. voices, noises, crumpling paper, knocking, scraping etc.
- Listen to music can they identify a song or instrument?
- Provide experiences for learning new words, new ideas and talk about the experiences and feelings.
- Play word games to develop vocabulary and attention to sounds, e.g. I spy, what animal, fruit, vegetable etc. starts with an "o".
- · Listen for sounds in the bush or park.
- Recite favourite rhymes and poems together.

#### Reading

- Take every opportunity to read to your child. Try to make story-reading part of the routine of going to bed. Children who are read to frequently learn the language of books from their parents.
- When reading to your child, encourage them to turn the pages and discuss what's happening in the pictures. Let them read the story back to you, 'reading' the pictures is fine.
- Listen to your child and encourage them to relate experiences to you, to ensure your child knows that what they say is important.
- Enrol your child in the local library and encourage them to borrow books of their own choice.
- Let your child see you reading. Children model themselves on their parents' behaviour.
- Take your child to interesting places zoos, farms and so on to develop language about the world we live in
- Encourage children to identify pictures and letters in newspapers and magazines.



# COMMUNICATION - Working Together

#### Communication

At Freshwater Bay we contact parents through a variety of regular communications.

- Parent information evenings are held at the beginning of the school year.
- The Compass App provides parents with information and events that are whole school, year group and classroom specific.
- The school Focus Newsletter comes out monthly and can be found on our website.
- Freshwater Bay Primary School Facebook page
- Kindy and PP info sessions held early Term 1
- · Class newsletters distributed via Compass weekly
- P&C Class Reps communicate upcoming via Whatsapp.
- Parent / Teacher meetings can be organised throughout the year. A formalised interview is held once a year.
- Semester 1 and 2 student reports.

Communication is a critical factor in the partnership between parents and the school. We communicate with each other in a respectful, fair, honest and open manner.

Your child's teacher should be the first point of contact for any concerns or queries. If the issue is not resolved, or you are concerned, please contact the school to make an appointment with the Deputy Principal or Principal.

#### P&C Association

Freshwater Bay has a strong and active Parents & Citizens Association. They conduct fundraisers, host community functions, assist in organising sporting events and support new families. The P&C welcomes new members and would love you to become involved. To find out more contact president.fwb@gmail.com.





## STARTING OFF

#### Preparing your Child

Here are some suggestions for parents to make your child's transition into school effective and enjoyable.

- Give your child opportunities before school begins, to stay with friends or relatives for a few hours while the parents are elsewhere.
- Spend time daily with your child in conversation, in play and in the reading of stories.
- Realise that all children are individuals who develop in different ways, at different rates and are not to be compared with any other child.
- Encourage imaginative play. When children dress up or play different types of make-believe games, they are developing the creative side of their personality.
- Encourage your child to take turns, be patient and share.
- Have a family policy that puts screen time firmly in its place. A balanced screen time program leaves plenty of time for hobbies, reading, play and family conversation.
- Show your child how to use a public toilet independently.



#### Western Australian Curriculum

As students enter Pre-primary the Western Australian Curriculum is implemented and covers the content areas to be taught along a continuum from Pre-primary to Year 12. The WA Curriculum learning areas include:

- English.
- Mathematics.
- Science.
- Humanities and Social Sciences (including history, geography, civics and citizenship and economics and business).
- The Arts.
- Languages.
- Health and Physical Education.
- Technologies.

#### **Developmentally Appropriate Learning**

Students learn through experiences planned by their teachers. They are encouraged to explore and discover.

improvise, create, question, discuss and construct. We aim to capture children's natural love of learning while developing literacy and numeracy skills that are essential for future learning.

In planning our program for the early years, we understand that:

- Students learn through play and exploration, as well as explicit teaching.
- Students develop and learn at different rates and in different ways.
- Learning is continuous and all areas of learning are interrelated.
- Early experiences affect learning and attitudes to learning in later years.

We build on existing knowledge, skills and interests. Our program is supportive but it is also challenging. It is based around a balance of:

- Intentional teaching The teacher plans and delivers explicit instruction to achieve specific outcomes.
- Teacher-guided play based learning The teacher manages the play environment to achieve specific outcomes.
- Child-directed play The child chooses how, when, with what and with whom to engage.

Learning occurs throughout the day as a whole class, in small groups and individually.

Learning is hands on and takes place through touching, seeing, hearing, exploring and experimenting. Some of the activities children may participate in include:

- · Climbing, balancing, running and jumping.
- Designing and creating.
- · Dressing up.
- Dancing.
- · Puzzles and construction.
- Making collages.
- · Listening to and playing music.
- · Singing with actions.
- Painting and drawing.
- Cooking.
- · Reading books and storytelling.
- Playing with clay, play dough, blocks, sand and water.
- Using technology.

The style of handwriting your child will learn at Freshwater Bay Primary School is NSW Foundation Style. We ask parents to familiarise themselves with this style and use it when writing their child's name.





## TEACHING & LEARNING

To maximise the development and learning outcomes for our students, we need to pay particular attention to the early years of schooling from Kindergarten to Year two. These years lay the foundation for every child to love learning and become a successful student.

### Raising Expectations In The Early Years

We are initially steered in our planning by three important documents – the Early Years Learning Framework, Kindergarten Curriculum Guidelines WA. and National Quality Standard (NQS)

#### Early Years Learning Framework

The first four years in a child's life are vitally important in terms of education, as they are the years when a child is laying down foundations for future learning and participation in society. This document describes five broad outcomes that underpin our teaching pedagogy.

- Children have a strong sense of identity.
- Children are connected with and contribute to their world.
- · Children have a strong sense of well-being.
- Children are confident and involved learners.
- Children are effective communicators.

#### Kindergarten Curriculum Guidelines

The School Curriculum and Standards Authority is responsible for curriculum guidelines for all Western Australian Schools K-12. The Kindergarten Curriculum Guidelines focuses on children's learning and development, consistent with the Early Years Learning Framework. In Kindergarten we focus on personal and social competence, pre-literacy and pre-numeracy skills. Every student is an individual and we strive to plan and support each student at their own developmental level, addressing students' academic, social, behavioural, emotional, psychological and physical needs.

#### National Quality Standard (NQS)

The National Quality Standard sets a national benchmark for equality in early childhood education and care services across Australia and establishes a set of standards that all service types are expected to meet. This document outlines seven standards that we demonstrate through our Kindergarten program.

Quality Area 1: Educational program and practice

Quality Area 2: Children's health and safety

Quality Area 3: Physical environment

Quality Area 4: Staffing arrangements

Quality Area 5: Relationships with children

Quality Area 6: Collaborative partnerships with families and communities

Quality Area 7: Leadership and service management

#### Each day your child will need:

- A water-filled drink bottle and lunch: refer to page 9.
- · The correct school uniform: refer to page 14.
- The school bag will need to hold a change of clothes, paintings, box construction, lunch box and a drink bottle.
- The school hat. As part of our sun safe initiative, the school has a NO HAT NO PLAY policy all year round.
- · Sunscreen, applied before school.

Please label all personal items, are clearly labelled with your child's name.

#### **Attendance**

In line with the Education Department's Attendance Policy, Freshwater Bay is required to record and report on lesson attendance for all students.

#### What do you need to do?

If you know your child is going to be absent, please notify the school via an absentee note on the Compass Education app https://www.compass.education/guide. Please be advised, an explanation/ reason for their absence is a requirement of the Department of Education. If no reason is given your child s absence will be marked on our system as unexplained. If you are wishing to take your child/ren out of school for a family vacation an email to the Principal is required prior to leaving FreshwaterBay.PS@education.wa.edu.au

#### Before and After School

Your child must not be left unsupervised before or after school. Students should be accompanied by an adult to their Kindergarten and Pre-primary classroom each morning.

Staff in Kindergarten and Pre-primary have a duty of care and can only release students to an authorised adult or carer. Please be prompt at pick up time. If your child is leaving with a new person, friend or family member, please write in the communication book located in their classroom.

#### Parent Helper

A child's view of their Kindergarten and Pre-primary experience will be greatly influenced by their parents' attitude and interest. Children will enjoy Kindergarten and Pre-primary even more when their parents come along to share part of their day with them.

A parent help roster which may include laundry, making playdough etc, is provided at the beginning of each term. From time to time we would love to have you join us for a morning, or perhaps assist on a special day or excursion. Mums, Dads, Grandparents, Uncles, Aunts and any other special people are also very welcome to join us.

#### **Birthdays**

To celebrate birthdays, some parents like to send in a treat for the students to share. When sending in birthday treats be conscious we are a nut aware school. Please check with your classroom teacher if there are any additional allergies you need to be aware of. Please check the packaging on items such as birthday cake or icy poles etc. to make sure they are free of these products. Individual cupcakes or icy poles are preferred.

If your child is having a birthday party, you are not required to invite the entire class, numbers are always your choice. To avoid disappointment please hand invitations directly to parents, before or after school.

#### Library

Your child will choose a library book to take home each week. This book is to be returned the following week. Another book cannot be issued until the first book is returned. Your child will need a library bag that is clearly labelled with their name on the outside. No library bag will mean that your child is unable to borrow a book.

#### **Scrap Materials**

We can use your scrap materials in the most creative ways, they will come back to you transformed into a creative masterpiece. Items we can use:

- Boxes
- Corks
- Feathers
- Lace
- Bottle Tops
- · Cotton reels
- Wrapping/scrap paper

# IMPORTANT INFORMATION

#### **Drop Off**

At the beginning of the day please wait outside with your child until the doors are open at 8.30am. Accompany your child into their classroom and ensure that they are left with a staff member.

Young children starting Kindergarten and Pre-primary may take a little while to settle until they become comfortable with their new routine.

Parents are welcome to spend some time in the classroom each morning with their child and perhaps read a story or complete a puzzle together.

Once the bell rings at 8.45am parents are asked to leave as class will begin.

#### Pick Up

Please wait at the door at 3pm as your child is dismissed. If there is any change to your child's normal arrangements or they are being collected by anyone other than yourself please ensure the sign out booklet has been completed.

#### Late Arrival to School

It is important for students to arrive on time at school ready for the start of the day. Lateness can impact, on your child's learning. A Late Note must be obtained by a parent or guardian from the front office and handed to your child's teacher.

#### Leaving School Grounds

All children must be signed out when leaving the school through the Front Office via the Compass kiosk.

#### Illness

Children who are ill should not be sent to school.

If your child has a temperature, diarrhoea or vomiting please keep them home for 24 hours after their last episode.

If your child will be absent due to illness, please notify the school via the Compass Education App, adding an attendance note. By doing this the absence will not be shown as 'unexplained'.

#### Is your child feeling unwell?

Should your child become ill while at school, you will be contacted to collect your child.

If your child has a medical condition which requires ongoing attention or a Medical Emergency Response Plan, please notify the school and complete a Medical Action Plan.

Staff are unable to administer any medication (including non-prescription) without you filling in an 'Administration of Medication' form available at the front office.

If your child has contracted a communicable infection or disease such as head lice, measles, conjunctivitis, influenza, chicken pox, slap face or school sores you must notify the school immediately.



# FRUIT, RECESS AND LUNCH

#### **Healthy Eating**

Children are encouraged to eat healthy food at school

#### **Drink Bottles**

Please provide your child with a named drink bottle filled with WATER ONLY. Their drink bottle will be sent home at the end of each day.

#### Kindergarten & Pre-primary 'Crunch&Sip®' Morning Tea

All students to eat their own food, there is no shared morning tea. We encourage parents to pack healthy fruit and vegetable alternatives for Crunch&Sip® morning tea.

#### **Lunch Time**

Please provide your child with an appropriate healthy lunch.

It is helpful if children have containers that can be managed independently. Please make sure that your child's container and lid are named.

We promote 'waste free lunches' and encourage you to provide your child's food in a reusable container. Many parents have found that 'wrapping free' lunch boxes suit their requirements well and are environmentally friendly.

#### **Lunch Orders**

Parents can place a lunch order online for children in Pre-primary to Year 6. Locavora supplies fresh, healthy lunches to Freshwater Bay daily. Log on to: <a href="www.locavora.com.au">www.locavora.com.au</a> and choose from their vast list of delicious lunch options. Please note that lunch orders are delivered to the school around 12.30pm and so you will still need to provide your child with a morning tea and crunch & sip.

#### Please. No Nuts

Freshwater Bay is a nut aware school. As some of our students have life threatening allergies to nuts, please do not send items that contain nuts to school.

If you are uncertain about an item, please check with your child's teacher. Your assistance in keeping our students safe is appreciated.

